YOUTH MENTAL HEALTH FIRST AID COURSE

MAY 5TH 9:00-5:00

GLEN ROCK BOROUGH HALL

- For: parents,teachers, any adults who regularly interact with youth (12-18)
- Learn: common youth mental health challenges
- Take away: a 5-step action plan

FREE

***REGISTRATION REQUIRED**

CALL 201-670-3956 TO REGISTER.
SPACE IS LIMITED TO FIRST 35

CONTINENTAL BREAKFAST & LUNCH WILL BE PROVIDED

SPONSORED BY THE GLEN ROCK BOARD OF HEALTH &
BERGEN COUNTY DEPT OF HEALTH & HUMAN SERVICES